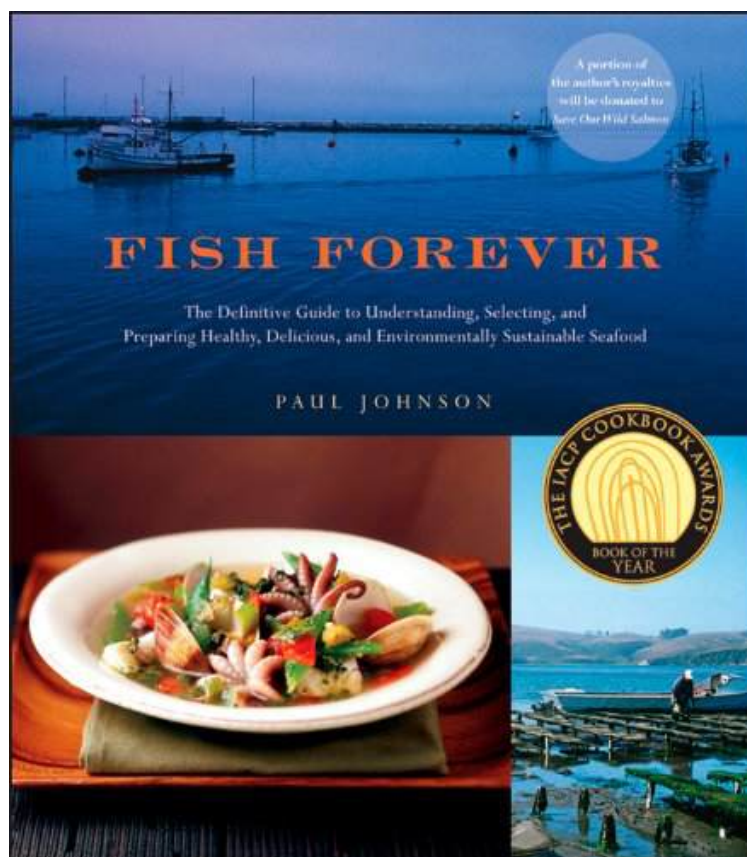


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Fish Forever: The Definitive Guide to Understanding, Selecting, and Preparing Healthy, Delicious, and Environmentally Sustainable Seafood

By Paul Johnson

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opposite not enough recipes but then I was looking for a cookbook The book is organized by type of fish but each fish only has maybe 1 3 recipes A lot of the fish are ones that we don t really see locally too so that further narrowed my selection of recipes I also like a picture with every recip A unique cookbook and guide to healthful eco friendly seafood Few people know more about fish than Paul Johnson whose Monterey Fish Market in San Francisco supplies seafood to some of the nation s most celebrated chefs from Alice Waters Thomas Keller and Michael Mina to Todd English Daniel Boulud and Alain Ducasse In Fish Forever Johnson offers a cookbook for anyone who loves fish but worries about overfishing contaminants like mercury a From the Back Cover The IACP Cookbook of the Year This is the best book on seafood I know and frankly one of the most useful books on food as well Paul has masterfully integrated recipes shopping advice health information and plenty of delicious s

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